

BAR HILL NEWS

Brought to you by the Bar Hill Community Association
August 2025 Issue 671



BAR HILL FETE & FESTIVAL 2025

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Cambridgeshire
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Hearing Aid Maintenance session, every 1st Wednesday morning of the month from 10am to 12pm at Bar Hill Community Church, Viking Way CB23 8EH.

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riley.astrup@cambsdeaf.org |

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If you'd like to contact the BHCA then you can either;

- Write to us at **Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**
- Email the Chair of Trustees at **chair-of-trustees@barhill-ca.org**, or
- Call/ message/ WhatsApp **07814 871752**.

We meet monthly on the second Tuesday at 7:30 pm in the Fox. If you'd like an agenda please get in touch!

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **bhn-editor@barhill-ca.org**

I hope you're all enjoying the sun! The Parish Council are in the process of reviewing the tender document. By the time you read this the July meeting will have happened and hopefully we are able to move forward and give you more news next month.

I'd like to say a big "thank you" to everyone who attended our taster session on the playground at this year's Village Fete. It was very well attended and we got a chance to talk to many parents and children about our plans - hopefully it wasn't too hot for everyone!

If you would like to come along to one of our meetings - either to help, ask questions, or just to see what we are working on! - we meet in the Bar Hill Sports and Social Club on the fourth TUESDAY of every month at 6.30 pm. We are a very welcoming group and would love to see you there!

To receive updates as they happen, please consider subscribing to our YouTube channel or Facebook page (see QR codes below).





Come and join Onyx and his friends at our popular....

PUPPY SOCIALISATION & TRAINING SESSIONS

Sessions run twice daily Monday to Friday

AM session: 8am to 12 noon*

PM session: 12:30pm to 4:30pm*

£20 per session (up to 6 months)

The course is designed and run by Tamsin-Jane Sewell a degree qualified Canine Psychologist, leading local dog behaviorist and highly acclaimed trainer. Here your puppy will be scientifically introduced to many other breeds of dog where he/she will learn to socialize properly, giving your new fur baby the very best start in life. Our aim is to help you develop a well rounded and contented dog from puppy through to senior citizen.

During each session an element of training is introduced, tailored to your dogs identified developmental needs, with a short video uploaded to a dedicated and exclusive 'members only' training area on our Facebook page. This will contain a demonstration of each task/developmental aspect with useful 'how to' tips to help you continue the training in your own home. Come and join us in our clean, safe and popular Day Care Facility in the village of Over just outside Cambridge.

* come flexibility over pick up/drop off times

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lockdown.

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August 2025 Timetable

**Every Monday, 10- 12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)
The Hub is for people of all ages as a place to gather & enjoy community!**

4 August	Coffee Stop, Foodbank, Chess, traditional & 5Aside versions	NO Health & Wellbeing session today
11 August		Carers Café with talk about Falls Prevention 10.00 - 11.30
18 August		Health & Wellbeing 10.15 - 10.45
25 August		Bank Holiday - NO Community Hub

WHEN: Every Monday 10am – 12pm.

WHERE: The Octagon (opposite Maple Surgery), Bar Hill, CB23 8EH

WHAT: Our vision is to create a fairer and friendlier community, so everyone can thrive and knows where to turn to for warmth, welcome, friendship and support. The Hub is a busy gathering space, providing a warm, comfortable, welcoming space for our entire community. Come along and join us, we look forward to seeing you!

Coffee Stop: Pop in for a coffee, a piece of delicious home-made cake and a chat with friends, old and new!

Foodbank: No need for any vouchers. If you are struggling financially, drop by and let us help you, available between 10am and 11.30am

Citizens Advice: NOTICE: for health reasons, there is no village Citizens Advice service. To book an appointment for face to face, email or telephone advice with the Cambridge office, please use the following contact details

Email: <https://www.cambridgecab.org.uk/get-advice/email-us/>

Phone: 0808 278 7808

Evergreens: a safe space for those with memory loss to enjoy: Conversation, Connection, Celebration. Accompanied by a carer, friend or family member. When: usually 4th Monday of each month. Please see separate entry in Bar Hill News for more information.

Health & Wellbeing: On the 1st & 3rd Monday, take advantage of some exercise guidance from our experienced coach and visiting speakers (starting at 10.15am).

Carers Café: On the 2nd Monday of the month, providing support for any carers in the village, even if you are not a patient of Maple Surgery

Meet a Parish Councillor: you can meet one of our Parish Councillors to discuss any issues within our village, between 10am and 12pm on the 4th Monday of the month. Just look for the sign within the Coffee Stop.

Traditional & 5Aside Chess (within the Coffee Stop): A great way to connect and start a conversation with people happy to teach you this wonderful game. Come along and join us for refreshments and a chat!

Your Community Hub...in the community, by the community, for the community!

LETTERS, NOTICES & ANNOUNCEMENTS

Please send your letters & notices to bhn-editor@barhill-ca.org. Thank you!



Dear Residents,

At the start of July we held the Annual General Meeting for the Bar Hill Community Association.

A number of Trustees (including myself) have stated that while they are happy to remain for the next year this year will be their last in official positions. Over the coming months I'd urge you to consider joining us. While we are Financially quite well off we lack the people to actually do things for the village.

This year we had organised the Christmas Event, the Village Fete, we have the First Lego League about to kick off (watch this space!), we are looking at a new Skate Park, and generally improving the open/ community spaces in the village, and not to mention Jenni's fantastic work getting us the updated playground. We cannot do any of this without your support!

Yes. I know. You're busy. And yes, I accept, that you probably haven't done anything like this before - none of us had when started.

Please look at the next year as an opportunity for you to come along, join the groups you're interested in, and see how everything works. We are all actually quite friendly!

For the 2024 financial year the officials for the Charity are myself (Chair of Trustees), Anthony Mitchell (Vice Chair of Trustees), Jenni Foster-Smith (Secretary), and a Treasurer role (TBC).

I look forward to hearing from you!

Andy Pellew

Chair of Trustees | 07814 871 752

andyp@barhill-ca.org

Bar Hill Indoor Bowls Club

We meet in the school on Friday evenings during term time only from 7.30 pm to 9.30 pm with a 1/2 hour break for coffee. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £3 per week but the 1st week is free.

Due to school holidays our last bowls night was Friday 18 July and we re-start on Friday 5 September. Hope you all have a good summer break

So why not come along in September and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or barbara.page@live.co.uk

8 o'clock club

The club is a women's group and we meet in the school on the 1st Thursday of the month at 7.30 pm. *No meetings in August (due to the summer holidays). Our next meeting will be the enrolment evening on 4th September.*

Our fee is £15 per year and £1 each meeting for a hot drink and raffle.

We welcome new members to the club. If you would like to join please come along to one of our meetings or phone Barbara **204171 (07847 327709)** Adela **204265** or Ann **204687**

The deadline for submissions is the second Thursday of the Month.

Please send your article to bhn-editor@barhillca.org (PDF, Word, Pages, etc)

Would you like to see BHCA
do more in your village?

Then you can!

Support the BHCA who has now
been approved as a “**Good Cause**”,
by buying **Cambridgeshire Community Lottery**
tickets, where.....



Tickets cost just £1 per week with a

chance of **winning up to £25,000**

And the great news is that **50p from every ticket**
goes directly to a good cause which you
chose (we hope that would be BHCA of course).

All you need to do is visit:

<http://www.cambridgeshirecommunitylottery.co.uk/support/find-a-good-cause>

and select Bar Hill Community Association as your chose
“good cause” when you purchase your ticket(s).

REMEMBER, 50p of every ticket you buy will go
directly to make your village even greater.

If you want more information, then please feel free to
speak to any of the BHCA Trustees or Volunteers.

Would You or Someone You Know Benefit From Wellbeing Support?

Care Network Cambridgeshire’s Wellbeing
Service offers free, short-term support for
adults (18+) in
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may be struggling
with confidence,
isolation, illness,
or low mood. Our
friendly team can provide one-to-one
support and match individuals with trained
volunteers who can offer companionship
through phone calls or accompanying them
to access the community. Support is tailored
over 6–8 sessions, helping people regain
independence and feel more connected.



If you or someone you know could benefit,
making a referral is easy — just visit care-network.org.uk/wellbeing or contact
us at wellbeing@care-network.org.uk or **0330 094 5750**.

Bar Hill HAPPY HOURS Club

The Bar Hill Happy Hours club meets in the
main bar area of the Bar Hill Sports and
Social Club between 2 and 4pm on Friday
afternoons for tea/coffee and cakes, getting
together with friends, fun and games. All of
this for only £2 per person. The bar is open
if you want something extra.

Coming in August:

1st August: Games and a Quiz

8th August: Bingo and a Quiz

15th August: Holiday/Seaside/Picnic theme

22nd August: Bingo and a Quiz

29th August: Games and a Quiz

Anne Plumb | **07790 306922** |

anne@rwp10.plus.com

Unpaid Carer’s Report

Caring Together have now
released their 2025

“Carers Speak Out”-report

- this report is a timely and
powerful reflection of the
often-harrowing lived
experiences of unpaid
carers across Cambridgeshire,
Peterborough, and Norfolk. Drawing on
personal stories, it highlights the deep
frustrations, fears, and isolation carers face
as they take on growing responsibilities with
little support.



You can read our detailed report either by
visiting our website www.caringtogether.org
or by using the QR code above.



No unpaid carer in crisis

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Andy Pellew

Chair of Trustees | **07814 871 752**

andyp@barhill-ca.org

www.barhill-ca.org



Ladies Book Club

There will be no meeting in August.

We start season 2025/2026 on Tuesday evening 16th September at 19.30 hr in the Social Club. The book we will discuss is 'An Elderly lady is up to no good', written by Helene Tursten.

We are a small friendly group and would welcome more ladies joining us in discussing the monthly book choice and various other topics!

Please email julie45172@outlook.com or call/text Julie on **07779 846303** for more details.

FOR SALE: Glass top Beige Garden Table and 6 Chairs with Cushions. Blue and beige cushions. Table size 153cm x 97cm. Excellent Condition. Caller collects. £200. Please phone **0771 110 7491**.

Bar Hill Catholic Mass

Celebrating our love of God – Meeting with friends – Volunteering

Mass will be held in Bar Hill Church at 6pm on Saturdays. Our services are open to all and everyone is very welcome to attend.

If you have any queries please call Bunty Waters **07734 690580**.

Our local parish priest is Father Adrian Gates, from OLEM, Ditton he is also the Hospital Chaplain - **07842 190882**.

Come & worship - everyone welcome.

Contact Bunty Waters for more info.

Help! We're Missing Something

Maybe it's an article by a group you support? A bit of local news? Or even details of an event? Let us know! Deadline for our September issue is **Thursday 14th August**.



Olive Tree Bereavement Group

Our next meeting is on Saturday 19h August, and the following one will be on 13th September. Meetings are held in the Octagon at 10.30 am and refreshments are provided.

We will be pleased to see you if you are a regular member, a new member or if you have never been before.



We are now into the Summer holidays and for some people it can be very difficult, so if you find this a challenging time you are very welcome to come along and meet others who may be in a similar position.

We are a very welcoming group where you can talk freely and where your confidence will be respected. There will be time to share your experiences, join in discussions and get to know others in the group.

If you are not sure if the group is right for you, please phone one of us to discuss it. We welcome all newcomers but would ask that you come at 10am so that we can explain the format.

The leaders, who are CRUSE trained, and the other members of the group will offer a warm welcome, and you will meet other people who have been through loss and who understand the pain and difficulties that this brings.

For more details telephone Sue Kenchington on **780260**, or Chris Stannard on **781978**.

THE ROYAL BRITISH LEGION

The Bar Hill Branch of the Royal British Legion Meet in the Meetings Room of the Octagon on the 4th Thursday of the Month, at 7.30pm.



If you would like to become a member, everyone is welcome, you do not have to have served in the Forces to join.

Our aim is to support all those who have served in any of the Forces at any time.

Our meeting on the 28th August is a Fish and Chip supper followed by a quiz and refreshments please note this will start at 6.30pm not 7.30pm.

The Royal British Legion Poppy Appeal for 2025 runs from Saturday 25th October until 11th November. We have a table in the foyer of Tesco's, and to make it as successful as last year, we are looking for volunteer to help man the stall.

We have one-hour slots, and there are always two people on at a time, so you wouldn't be alone.

If you are willing to help, please get in touch with Maggie Cox on **07922 342954**.

If you are interested in joining or would like further information or help, please contact either Wendy Arrowsmith on **01954 781381** or Malcolm Cox on **01953 488657**.

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Bar Hill Church news

Services for August may be viewed on our website barhillchurch.org.uk



My name is Jonathan and I am coming towards the end of my first year as Curate at Bar Hill Church.

This is a training role where I support Rev'd Wendy Wale and the church leadership team. Two weeks

ago was a very special day for me and my family when I was ordained as a Priest in the Church of England. This took place

at Ely Cathedral and it was wonderful to have such a large crowd of the Bar Hill Church family there to support me. The service saw me alongside 12 others make promises to the Bishop, to the church and most importantly to God. These ordination services take

place in cathedrals at this time of year, as people set out to follow a vocation to serve people in parishes all over the country. Here at Bar Hill that means getting to know people in the local church and the local community. And it's not just for weddings, funerals and baptisms! There is so much going on at Bar Hill Church (see our website to find out more) and I do hope to have the chance to meet many of you in the coming months. If you see me around the village, do stop and say hello.

Contacts

Church Office: Ian Farr, 01954 206120, church.office@barhillchurch.org.uk

Working hours usually include Monday, Tuesday and Wednesday mornings.

Enquiries about hiring space for an event should be directed to Ian.

Minister: Revd Wendy Wale, 07780 828865, minister@barhillchurch.org.uk

Working days are Monday, Tuesday, Thursday and Sunday.

Website: <https://barhillchurch.org.uk>

Facebook: <https://facebook.com/barhillchurch>

Bar Hill Library - August 2025 SUMMER READING CHALLENGE

The Summer Reading Challenge (SRC) continues until the end of August and there are still plenty of activities to take part in:



29th July - 26th August Community Craft: Paper Garden

Mon 4th August 10am-5pm Community Craft: Animals & Leaves

Wed 6th August 10am-12pm LEGO

Mon 11th August 10am-5pm Secret Garden Craft

Wed 13th August 10am-12pm LEGO

Mon 18th August 10am-12pm Pinwheels

Wed 20th August 10am-12pm LEGO

Wed 27th August 10am-12pm LEGO

Mon 15th September 3.15-4pm SRC Award Ceremony

Please ask in the library for more information on any of the activities.

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BAR HILL DISTRICT COUNCILLOR'S REPORT

Cllr Bunty Waters - bunty.waters@ntlworld.com

01954 201421/ 07734 690580



POSTAL VOTING

Postal voters are now required to renew their postal vote application every three years.

If you applied for a postal vote before 31 October 2023, your postal vote will expire on 31 January 2026.

All affected postal voters are now being asked to re-apply for their postal vote.

The quickest and easiest way to renew is online at www.gov.uk/apply-postal-vote.

HIGHWAYS MAINTENANCE

Cambridgeshire County Council has published its Highways Maintenance Transparency Report in response to new Government requirements as part of securing a share of £500 million national funding for 2025-26. The full report is available online.

Key highlights:

- Capital funding for highways maintenance increased from £24m to £59m since 2023-24.
- £73m allocated for 2025/26 (including revenue funding).
- An average 55,400 potholes repaired annually over the past five years.

In 2024/25:

- £30m spent on 145km road improvements.
- 120km of walking/cycling routes improved.
- 35,000+ drains cleaned, 31 traffic signals upgraded.
- 41,000 tonnes of material recycled, saving 735 tonnes CO₂e.

Plans for 2025/26 include:

- 259 road repair schemes (135km).
- 253 walking/cycling route improvements.

- 5 bridge upgrades and 20 traffic signal replacements.

FOOD WASTE BAGS

These Food Waste bags can be obtained from South Cambs at Cambourne, also you can get a Caddy for them. They really are very good and go straight into your green bin.

NEW BUSINESS PORTAL

This is a centralised and user friendly platform designed to improve how businesses engage with the Council. The portal, launched on 19 June with a soft launch which means there will be a link to the South Cambs website to anyone who would like to use it, let me know if I can help with this.



Mon	10:00am – 5:00pm
Tues	2:00pm – 5:00pm
Wed	10:00am – 5:00pm
Thurs	Closed
Fri	2:00pm – 5:00pm
Sat	9:30am – 12:30pm
Sun	Closed





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#ITSOKAYTOTALK

**We are a peer to peer support group for men.
Come have a brew and a chat!**

#ITSOKAYTOTALK

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Over Day Centre Bike Rides and Social, Sunday 29th June 2025

76 riders raise £3,017.35 for the Day Centre

Such amazing support from our local cycle club members, families and individuals who enjoyed three rides though the South Cambridgeshire countryside, with a sunny day, gentle breeze and cloud keeping temperatures reasonable. The 100k ride worked its way from Over to Wilburton, Elsworth, Haslingfield, Bourn, Fen Drayton and back to Over for the after-rides BBQ, bar and live music at the Over Community Centre. The 50k from Over went through Cottenham, Boxworth, Cambourne and Fen Stanton to return to Over for the social. And, the family ride followed the busway cycle track from Over to St Ives and back to join the party. All children who completed a ride were presented with a finisher medal, to help make the event a memorable day.

Very grateful thanks must go to our most generous sponsors : Law & Lewis, Joiners; All Eyes, spectacle makers; Redmayne, Miller, Rees, estate agents, and Highgate Veterinary Practice whose funds met all event expenses so that every penny of rider donations will go to the Day Centre, this year to enhance client activities and for capital items. Riders and friends made very generous donations. Very grateful thanks too to the providers of raffle prizes, the rides marshalls, sweepers, registration teams, Tesco Bar Hill for drinks and snacks for the family ride, first-aid, mechanical and broom-wagon supporters, sweepers and graphic designer; and Willingham Wheels and

Swavesey & Over Cycling Club who planned the ride routes, risk-assessed and signed them. In all, 110 signs were positioned to mark the various routes, with all collected in for next year!!

In all, a lovely day, testimony to great community and local business involvement in support of the Over Day Centre charity. We look forward to seeing you at future events.



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Bar Hill Village Hall

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is managed as a registered charity (number 1002579). To book, please visit our web site **barhillvillagehall.com** and email

enquiries@barhillvillagehall.com to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday).

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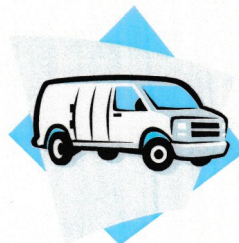
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On 18th July we sadly said goodbye to our children moving onto Bar Hill Primary school, we have had lots of fun, laughter and learning together. We will miss you all and wish them lots more fun and exciting learning opportunities as they continue their educational journey at school.

Although we are currently closed for the summer holiday, we are using the time to do our maintenance jobs. We will officially re-open on Wednesday 3rd September for the new school year.

From September 2025 Bar Hill Preschool CIO will be open 8.30am-3pm Monday-Friday, term time, for children aged 2 years-4 years.

A parents review:

When my little boy started preschool he was very anxious. The wonderful staff were very patient in helping to build up his confidence. He now stays for full days and is excited to go. As a parent, I love being able to see through online journals all the different activities that the staff provide for the children and the fun my little boy has while he is at preschool! He really does love his time at preschool and will be sad to leave when he starts school!

Interested in finding out more? We can be contacted on enquiries@barhillpreschool.co.uk.

We accept funding and are registered to accept tax free childcare payments.



Weekly playgroup sessions for babies and preschool children

A range of toys and play equipment with fun activities including crafts, singing, sensory play and story time

Thursday Morning 9:45-11:15am*
at the Octagon, Bar Hill

*term time only

Taster session Free, Further sessions - under 1 £2, over 1 £3, 2 or more children £4 refreshments and snacks included

We look forward to seeing you at our next session



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Practice Nurse

We have managed to finally recruit a Practice Nurse to work at Maple Surgery. She will be joining our other new starter in the middle of May. This is exciting news for us, and I am sure that you will all join us in welcoming her to the Practice when she arrives.

Practice closures for Staff training

The practice will be closed from 1.00pm for training on the following dates:-

- Wednesday 16th July 2025
- Thursday 18th September 2025

Maple Surgery Building Refurbishment

We have been notified that the Practice will be going through a refurbishment project to the building.

The full details have not been finalised as yet, but it has been suggested that this will be a significant project.

The suggested commencement of the project is some point in September, but until the details have been finalised, it will not be possible to confirm this.

While some of the work will be undertaken outside of normal working hours (due to the nature of the works and areas involved), it will also be necessary to undertake some of it during opening hours.

We will endeavour to keep disturbances to a minimum.

Please be patient with us while these improvements are being made.

Hedgehog Fact: If you see a hedgehog out in daylight, it's usually a sign something's wrong — they're nocturnal and often only come out in the day if they're sick or in distress.

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PUZZLE for AUGUST 2025

Across: 1.female personal help. 6.book of synonyms. 7.not friendly. 10.assessed.

Down: 1.leafy salad plant. 2.owed. 3.arena. 4.breathable fluid. 5.swell. 8.skill, decorative process. 9.flying mammal.



Bar Hill Primary performs at the Meridian East Hub Showcase

We are incredibly proud of all our children who took part in this year's East Hub Primary Showcase at Northstowe in July.

Our talented choir and dance club, featuring children from Years 1 to 6, performed with great enthusiasm alongside 18 other local primary schools. The children demonstrated remarkable dedication and teamwork throughout their rehearsals, which truly shone through in their performances.

A special highlight of the day was a fun and inspiring vocal workshop led by the folk band MEGSON, giving the children an unforgettable experience before the evening show. To top it all off, we had the exciting opportunity to open the event with a lively, confident performance that set a fantastic tone for the night.

A huge thank you to all the families and friends who came to support the children in

person, as well as those who joined us via the live stream.

Exciting News from Bar Hill Youth Council!

We're proud to share that Bar Hill Parish Council now includes a youth voice — and that's us!

We're Megan, Dexter, Beko, Maya, Oscar & Edward, and we're working hard to make a positive difference in our village. Here are our 3 key aims to start:

Safer school travel – Please walk, cycle, or park away from the school gates to keep everyone safe.

Charity support – We're working with @BritishRedCross and looking for local businesses to host donation tins. Interested? Contact the school office!

Community clean-ups – Join us and the school's eco-warriors for regular litter picks. Let's keep Bar Hill beautiful!



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BAR HILL TENNIS & PICKLEBALL CLUB



OH, I SAY...

As every year, Wimbledon encouraged a few more folks to dig out their tennis racquet and try their hand. Haven't seen anything yet to match Carlos Alcaraz's amazing drop shots but summer's not over yet!

SCHOOL SUMMER HOLIDAY FUN

By the time this edition of Bar Hill News is published, we hope to have held our week of 'School Summer Holiday Fun' with free Pickleball taster sessions for children and accompanying adults. We hope that was really fun for young and old(er), and we thank Lesley for organising it.

DID YOU KNOW?

"Pickleball was created to offer an entertaining, accessible sport for families of its inventors... Its easy-to-learn rules and sociable nature boosted its popularity and reach across the globe" (<https://sportsfoundation.org/who-invented-pickleball/>). It may also be the only sport named after a dog!

OCCASIONAL PAY & PLAY GAMES

You can book a pay & play game using the tennis nets and your own equipment. Go to <https://barhilltennisclub.co.uk/book>.

CLUB TIMES

Our Adult Club nights for social tennis are Tuesdays and Thursdays starting at 6.30pm.

Our Adult Club times for pickleball are Monday evenings starting at 6.00pm, with a Beginners' session 5.00-6.00pm, and Friday mornings at 10.00am.

MEMBERSHIP

Club membership runs from April to March. Membership covers both tennis and pickleball and you can be part of the WhatsApp groups for either or both sports which give info about what's happening. You can apply online at

<http://www.barhilltennisclub.co.uk>.



CONTACT

Paul Chubbuck (Chair)
chair@barhilltennisclub.co.uk

Richard Lewney (Secretary)
secretary@barhilltennisclub.co.uk

Ian Foot (Treasurer)
treasurer@barhilltennisclub.co.uk

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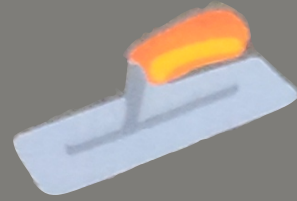
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NEW SATURDAY LUNCH CLUB

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the Memory Café**

*to book your place or for more information visit our website
www.overdaycentre.co.uk/whats-on/saturday-lunch-club/
by email: saturdaylunchclub@overdaycentre.co.uk
or please call: 01954 231807 or 07710 694900*

**our next lunch is on
Saturday, August 23**



Helping Hedgehogs in August

As summer winds on, August is a crucial month for one of our most beloved (and sadly declining)

garden visitors — the hedgehog.

While they're often associated with autumn hibernation, August is actually a vital time when hedgehogs are busy fattening up, raising late litters, and preparing for the colder months ahead. The good news? There's lots we can do in our gardens and communities to help them.

Hedgehogs need to put on plenty of weight before hibernation, especially the young ones born in summer. Those born too late, or unable to find enough food, may not survive the winter. With dry weather and tidy gardens often reducing their natural food sources, hedgehogs can struggle to find what they need.

How You Can Help

- Leave out food and water: A shallow dish of water can be a lifesaver in hot weather. You can also offer meaty cat or dog food (not fish-based), specialist hedgehog food, or crushed cat biscuits. Avoid bread and milk — these can make hedgehogs very ill as they are lactose intolerant.
- Make your garden hedgehog-friendly: Leave a wild patch if you can — log piles, compost heaps, and areas of long grass make great foraging and nesting spots. Check carefully before strimming or mowing.
- Create a hedgehog highway: A small hole (13cm x 13cm) in your fence or garden wall can connect your garden to others, giving hedgehogs space to roam in search of food and mates.
- Avoid pesticides and slug pellets: These can poison hedgehogs or reduce the insects they rely on.
- Be rescue-aware: If you see a small hedgehog out during the day, or one that looks underweight, wobbly, or injured, it



may need help. For help and advice contact: Liz Dams - **07912 988898** / Shepreth Hedgehog Hospital **07947 361187**

Together, we can help ensure that hedgehogs remain a familiar snuffling presence in our village for generations to come.

Wildlife Gardening in August

August is a wonderful time to enjoy your garden, but it's also a key month for supporting local wildlife as many species prepare for autumn. Even small changes can create a haven for birds, bees, butterflies, and hedgehogs — all of which play a vital role in our local ecosystem.

What to do this month:

- Let things go a little wild: Leave some areas of your garden untidy — long grass, seed heads, and fallen fruit provide food and shelter for insects and mammals.
- Put out fresh water: A shallow dish of water is a lifeline in dry spells for birds, bees, and hedgehogs. Top it up daily and place it somewhere shady.
- Deadhead mindfully: While deadheading flowers can encourage more blooms, leave a few to go to seed — finches and other birds will thank you later!
- Check before you trim: Before using trimmers or mowers in long grass or under hedges, check carefully for hidden wildlife like frogs, toads, and hedgehogs.
- Plant for pollinators: Late-flowering plants like sedum, verbena, echinacea, and lavender are perfect for bees and butterflies still foraging in August.
- Get the kids involved: Try a simple bug hotel or set up a birdbath together — it's a great way to connect children with nature and encourage curiosity.

By gardening with wildlife in mind, you'll help support the creatures that share our green spaces and enjoy a garden buzzing with life well into autumn.

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Summer Term 2025

During the Summer term, the PTA continued to hold regular tuck shops, held end of term discos, supplied refreshments at sports day and the YR5/6 performances, as well as refreshments for Rock Steady concert, the YR 6 proms is also happening this term. A very successful summer fayre was put on by the PTA and so far, this term we have raised £2302.78.

Bar Hill School PTA Summer Term Fundraising

May Tuck Shops £136.37	Disco £719.23	June Tuck Shops £116.77
Sports Day £62.48	Colts Fun Day £15.77	Production refreshments £81.24
Summer Fayre £1124.67	Tuck Shop 4/7 £46.25	That's an amazing £2302.78 so far this term!

The PTA would like to thank the following for their support for the Summer Fayre:

- **Domino:** for sponsoring the inflatables

- **Pets at Home:** for coming along and providing knowledge and offering to judge the dog show (which unfortunately had to be cancelled due to the heat)
- **Buttercups:** for providing electricity
- **Cam Spice:** for donating their proceeds
- **Scllywags Sawtry:** for bringing the ponies
- **Jen Foster-Smith:** for providing homemade scones for the cream tea stall
- **Police:** for coming along with letting the children ask questions and explore the car
- **BHCA:** for the fencing
- **Adam Hewitt:** for cooking all the food for BBQ

The PTA would also like to thank everyone that has kindly donated to enable us to achieve this amazing total.

If you would like to help the PTA at any of our events, please email pta@barhillprimary.org and ask to be added to our friends of the PTA WhatsApp group. More details about Bar Hill Primary School PTA can be found here:





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Cllr Edna Murphy - Edna.Murphy@cambridgeshire.gov.uk

01223 577005



Refurbishment of the Library

The Library is going to have a major refurbishment. The plans suggest it will take just over 3 months to complete and the work looks set to start in September. Amongst other things it will involve replacing the heating system, which means it will affect the Post Office too. The plan is to have temporary alternative Post Office services while the works are going on in the building. These will be announced as soon as they are finalised.

Lorries parking on the ring road

It's a regular occurrence now to see lorries parked on the ring road outside Tesla. They can back up some way. It's not safe and it shouldn't be happening. There is a general problem with lorries parking overnight around there too. One of the most effective ways of putting an end to it is for the Parish to apply for a County council Local Highways Initiative grant funding to extend double yellow lines on the ring road at that point. The applications for Local Highways Initiatives take place annually and are very simple to do – but it is for the Parish Council to apply for. This scheme would involve the lines appearing relatively quickly.

One benefit is that once there are double yellow lines it becomes enforceable – traffic wardens would appear to issue parking tickets. Currently even though lorries are parked dangerously, they do observe the existing double yellow lines and do not park on them. It could well operate as a deterrence to park on that section of the ring road.

Saxon Park – a skate park development for Bar Hill

Resident surveys were clear that we need more facilities and activities for young people in Bar Hill. Skating is enjoyed by children and young people of a very wide span of ages, and boys and girls alike. It's been very enjoyable working with the team dedicated to making this happen. There's a lot of hard work involved but with professional advice, and working through issues one by one, the team have achieved a huge amount. They will need to raise funds and more. If you are interested in finding out more use this QR code to follow them on Facebook.



Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email:**

info@buttercupschildcareltd.co.uk

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**



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by the Aardvark Habitat

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Saturday, September 13
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from 10 am to 12 noon

In The Octagon
(behind Willingham Parish Church, with wheelchair access and no steps)

or visit our facebook page www.facebook.com/WillinghamMemoryBoxCafe/

Over Memory Café

inviting all people living with memory loss, their families and carers, to join us for Music, Refreshments and Fun.

Saturday, August 23
Saturday, September 27
Saturday, October 25

from 10 am to 12 noon

at The Over Day Centre, 1 Drings Close, Over, CB24 5N
wheelchair accessible, free parking available

please visit <https://www.facebook.com/OverMemoryCafe/>

Bar Hill Cricket Club

Two good victories in the CCA Junior Division 4W have left us second in the league table at the time of writing, just ahead of having a blank fixture on Fete Day.

Bar Hill posted 228 for 6 at home to Milton, captain Jacob Marshall-Grint leading the way with 88 from 69 balls, while Sujith Kidangoor made 55. All six bowlers used by Bar Hill got at least one wicket, and Barry Driver took 3 for 22 as Milton were dismissed for 106.

The win away to Cambridge St Giles IV was an even better performance as Bar Hill posted a challenging 300 for 5 with the bat. Paul Stimpson (53) and Sam Carrington (47) put on 99 for the first wicket but it was Sujith who really accelerated the innings, smashing 91 off 49 balls.

The hosts also batted well, their 13-year-old opener making an unbeaten 107, but Bar Hill restricted their total to 248 for 3.

Our match away to Cambridge Tamil Sangam II, played at Waterbeach went all the way to the last over and the home side won it with just 1 wicket in hand. On a difficult pitch, Jim Neal top-scored with 27 as Bar Hill made 148. In reply, Phil Orvis took 4 for 11 and others chipped in with wickets, but the hosts reached 151 for 9 with five balls to spare.

The Cambridge Business Houses League match at home to Fen Ditton was also a thriller which ended up as a tie as both sides made 133. For Bar Hill, Jeemon Vazhappilly scored 30, while Abdullah Ashfaq took 3 for 13.

Our other midweek match resulted in a good victory over Qualcomm, with the same two

players to the fore but with opposite skills – Abdullah scoring 75 of Bar Hill's 138 for 6 and Jeemon taking 5 for 18 as Bar Hill won by 47 runs.

By the time you read this, we will be into the final month of the season with plenty still to play for.

You can get in touch via info@barhillcricket.org.uk or on the number below, or follow all the latest in the Bar Hill News and on our website at barhillcricket.org.uk or on our Facebook page.

August fixtures

Sat 2nd: Fulbourn Inst II (A, CCA)

Tue 5th: Cambridge NCI (A, CBHL)

Sat 9th: Cherry Hinton II (A, CCA)

Sat 16th: Cambridge St Giles IV (H, CCA)

Sat 23rd: Longstowe (A, CCA)

Sat 16th: Cambridge Tamil Sangam II (H, CCA)

Paul Stimpson

201212 | info@barhillcricket.org.uk



FRIENDS OF THE ROSIE

Thank you for your support at the Bar Hill Fete and Festival last month.

If your best friend is using the summer break to try a new hobby, we probably have some of the equipment and materials you could buy them as a gift. We are sharing our extensive catalogue on our facebook page so you can grab yourself locally sourced, unique, beautifully crafted gifts and accessories for special friends and family. By using our online stores you will be avoiding the crowded shops and keeping yourself safe.

New members are always welcome, whether to contribute financially, to join our team of crafters, join our committee, provide transport for our volunteers or display a small selection of our wares. If you would like to donate some of your spare time check out our website's volunteering page for some ideas.

Avril Williams | 07493 692 010

avril@rosieinstitches.org.uk

and Jo Hall | 01954 780 304

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I am now officially one year into my role as MP for St Neots and Mid Cambridgeshire and this has given me the opportunity to reflect on the events of the year, the people I have met and supported, and my plans for the next year.

Particularly significant moments have included seeing the Government U-turn on the Winter Fuel Allowance after months of campaigning; successfully lobbying for work coaches to be based in St Neots after raising this directly with the DWP meaning many local people no longer need to get to the Job Centre in Huntingdon; pushing the Government to provide free school meals for all children in families in receipt of Universal Credit; and securing new accommodation for a constituent who was living in appalling conditions for five years in a Places for People housing association property – although I recognise there are far more people who are continuing to have this issue, and my work on this is ongoing.

Healthcare

Improving access to NHS services was central to my election campaign, and over the past year I have visited a range of GP surgeries (including Bar Hill Maple Surgery) to understand what issues are holding them back from providing the best service they can. I have regularly made representations to our Integrated Care Board on behalf of local GPs, but without suitable funding from the Government, infrastructure and capacity issues cannot be resolved. Over the coming year, I will continue to push for a fair deal for our area – both for GPs and dentists. Residents must be able to access good care, quickly and easily, and our NHS must be in

a state to serve our population in future.

Education

I am pleased to have visited every secondary school in the constituency, as well as many primary schools. I have also visited colleges, sixth forms and special schools that serve our area. I've met a range of staff and pupils and witnessed the great work that many of the schools are doing. However, they are continually struggling with funding, and the strain they are under to provide for children with SEND. I continue to work with the Liberal Democrats nationally to press the Government to increase funding for SEND provision, so that children get the education they deserve.

Representing Residents

I continue to hold regular in person and online surgeries, where I hear from residents about problems they face and where I can provide help.

Sometimes that has meant taking action in Parliament, such as hosting a debate on the failings of the Child Maintenance Service; proposing amendments to the upcoming Mental Health Bill on emergency placements for autistic people; fighting for recognition of those affected by the Infected Blood Scandal; and pressing the Education Secretary to improve standards of past papers for braille students.

The Next Year...

While progress has been made, there is still work to do. Thank you to everyone who has been in touch with me over the past year, I do my best to deal with every message I receive and look forward to continuing to represent you.

BAR HILL SCOUT GROUP

The Group has been very active this term.

The Squirrels our youngest section enjoyed games, handicrafts and a trip to camp.

Beaver Scouts are the next age group they have hiked round the local nature reserve learning about the trees and wildlife. A trip to Gilwell park the national scout headquarters was a good day out. The Beavers carried out a litter pick in the village, surprising the leaders who didn't realise it was a competitive sport. Fen Drayton RSPB nature reserve kindly laid on a pond dipping and bug hunting session, much enjoyed by everyone including the parents who came to help.

Cub Scouts have also been busy with an adventure to Disneyland Paris, a sleepover on HMS Belfast on the river Thames, kayaking at Over and a trip to Group Camp.

The Scout section had a great camp at Easter with various activities including archery, air rifles, bushcraft, rolling rock wall, a hike and cooking over wood fires. A kayaking session on the river was a great treat for all who attended although a few capsizes left some of the scouts a little damp.

All sections had a great time at Group camp with some of the youngsters Being under canvas for the first time.

The Group is flourishing which gives the young people a chance to try new things and enjoy new challenges.

We have also got a keen group of Young Leaders (15 to 18 years) who help with sections which in much appreciated.

If you have a young person who would like to join, or you would like to get involved with the Group as occasional helper with a particular skill or as an assistant leader please contact our new Group Lead Volunteer - Nathen email info@barhillscouts.org.uk who will be happy to assess the best section for you.



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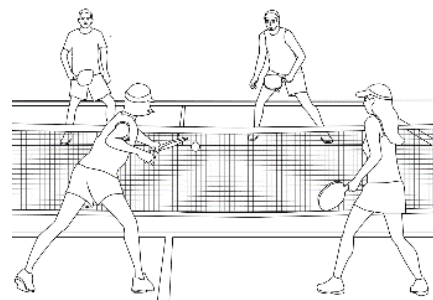


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We're trying to see if there's enough interest to raise money to resurface the tennis courts and include Pickleball lines.

Find Emily at the tennis courts on Monday evenings 6.00-7.00 pm during August.

America's fastest-growing sport is gaining popularity here too. Check the videos on YouTube (e.g. search "BBC Look East Pickleball 26 June 2024").

JAMES GILBEY PRESENTS

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About me:

Bar Hill resident for 10+ yrs. I have worked in care for the last 20 years as I find it very rewarding. I treat all my clients as individuals and believe compassion and communication is the key to a great working relationship.

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We regularly go on walks, outings and attend local groups to help the children socialise. We find having a wide range of ages benefits all the children in our care, it helps the younger children's confidence and encourages the older children to be patient and understanding with the younger children, helping them learn and progress.

We accept all Government funding for eligible parents and the Government Tax Free Childcare payments.

As we are busy during the with the children, please text us your enquiry with details of your requirements and we will contact you as soon as possible with our up to date availability and hourly rates.

Jacky – 07718447998 – ages 6 months upwards. Term time only and all year round care offered.

Kirsten - 07906218070 – ages 6 months upwards. Term time only and all year round care offered. No spaces available.

We have been busy over the last couple of months, we have had caterpillars delivered so we can care for them and watch them turn into butterflies. We have enjoyed messy



and sensory play and have been developing our fine motor skills. We made Father's Day crafts, including picking and arranging wildflowers. We have spent time climbing trees at Wimpole, burning off some energy at a soft play centre and cooling off with water play and visiting splash pads on hot days.

We have been caring for and watering our strawberry, raspberry, peas and tomato plants and when they were ripe, we picked them and enjoyed eating them.

We have also been enjoying all the new equipment at the new park and are proud to have been able to contribute towards it. We are looking forward to lots more adventures now the school has broken up for the holidays.



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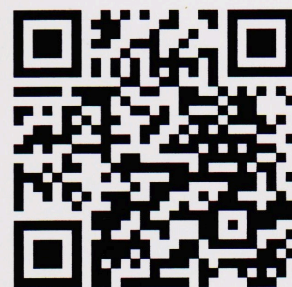


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